

Reiki Documentation Form

Reason for Session

____ Relaxation and Stress Reduction ____ Specific Issue

Physical _____

Emotional _____

Mental/Spiritual _____

Changes since last session: _____

Observation / Scan before Reiki Session: _____

Observation / Scan after Reiki Session: _____

Post Session Notes:

Length / Type of Session: _____

Follow up Planned: _____

Client / Student Name: _____

Client / Student Signature: _____

Date of Session Performance: _____

Practitioner Signature: _____

CLIENT/STUDENT AGREEMENT

I understand that Reiki is a simple, gentle, hands-on energy technique that is used for stress reduction and relaxation. I understand that Reiki practitioners do not diagnose conditions nor do they prescribe or perform medical treatment, prescribe substances, nor interfere with the treatment of a licensed medical professional. I understand that Reiki does not take the place of medical care. It is recommended that I see a licensed physician or licensed health care professional for any physical or psychological ailment I may have. I understand that Reiki can complement any medical or psychological care I may be receiving. I also understand that the body has the ability to heal itself and to do so, complete relaxation is often beneficial. I acknowledge that long term imbalances in the body sometimes require multiple sessions in order to facilitate the level of relaxation needed by the body to heal itself. I am acknowledging that I am a current student with Master teacher and practitioner Marisol Starr Garner and my participation will be only for educational and practical use during my study course and I do not hold harmful in any way my teacher or her practice "*My Healing Hands Massage*" or any business tied to this study course or hold responsible for any illness during or after my participation.

Signed: _____

Date: _____

Privacy Notice:

No information about any client/student will be discussed or shared with any third party without written consent of the client or parent/guardian if the client is under 18.